

what geeks eat...



## **Geeky Frozen Bananas**

6 perfect Bananas  
6 sticks (I use chopsticks)  
1/4 pound bittersweet chocolate  
1/2 pound milk chocolate

Peel the bananas and break them in half. Stick the chopstick in them and place them on a cookie sheet lined with wax paper. Freeze them for several hours.

Chop the chocolate into chunks. Melt this in a double boiler over medium heat. I make my own double boiler by placing a smaller pan inside a larger pan that has water in it. Stir the chocolate as it melts.

Once the chocolate is totally melted hold a frozen banana over the pan and use a spoon to drape the chocolate over the surface of the banana turning it to entirely cover it. Place it back on the lined cookie sheet. Once all the bananas are covered return them to the freezer. Let them remain in the freezer for at least an hour before you eat them.

Sometimes I have leftover chocolate and I also coat nuts and frozen raspberries.