



Apple Muffins

1 and 3/4 cup of unbleached flour
1/3 cup sugar
2 teaspoons baking powder
1/4 teaspoon salt
1/4 teaspoon cinnamon
1/4 cup butter, melted
1 cup 1/2 n 1/2
1 egg
zest of half a large lemon
1 teaspoon vanilla

Preheat oven to 400. Combine the first 5 ingredients. Combine the remaining ingredients. Combine the wet and the dry, spoon into lined muffin tins, and bake for about 15 minutes.